

What support is there for my child's mental health and wellbeing?

Everyone in school supports children's mental health and wellbeing. Well being and positive mental health are promoted and taught as part of the curriculum.

However, if your child is having some additional difficulties, we are able to support in school, or refer on to different agencies.

In the first instance, talk to your child's teacher. The class teacher will be able to refer on to the Wellbeing team. Ms Locke leads the wellbeing team and works closely with the SENCO to provide additional wellbeing support such as help with 'meet and greet', 'time to talk' or support with anxiety(for example).

Ms Locke and Mrs Hotston are also able to refer to additional services such as the Mental Health for Schools Team (MHST) or CAMHS.