
































Ludlow Junior School Menu for Summer 1 – W/C 19th April  /Vegetarian friendly

















W/C 19th April & 10th May

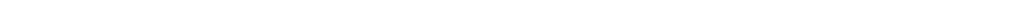
Week 1 & 4	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Meat</u>	Sausage Roll, Chips & Beans	Pasta Bolognese & Garlic Bread	Chicken Curry & Rice	Chicken Fajitas, Wedges & Sweetcorn	Battered Fish, Chips & Peas
<u>Vegetarian</u> 	Jacket Potato & Beans 	Cheese & Tomato Pizza & Wedges 	Jacket Potato with Cheese & Beans 	Quorn Chilli & Rice with Tortilla Chips 	Vegetable Fingers, Chips & Peas 
<u>Packed Lunch Option 1</u>	Cheese Baguette & Fruit 	Egg Mayonnaise Wrap & Fruit 	Vegan Sausage Roll & Fruit 	Bacon & Cheese Quiche & Salad	Tomato Pasta & Vegetable Sticks 
<u>Packed Lunch Option 2</u>	Tuna Mayonnaise Baguette & Fruit	BLT Bap & Fruit	Ham Baguette & Fruit	Cheese & Cucumber Baguette & Fruit	Chicken Tikka Wrap & Fruit
<u>Pudding</u>	Sweet Treat 	Sweet Treat 	Sweet Treat 	Sweet Treat 	Sweet Treat 

W/C 26th April & 17th May

Week 2 & 5	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Meat</u>	Meatball Pasta & Vegetables	Pepperoni Pizza & Wedges	Beef Chilli, Rice & Nachos	Roast Chicken, Potatoes, Green Beans & Gravy	Fish Fingers, Chips & Sweetcorn
<u>Vegetarian</u> 	Jacket Potato & Cheese 	Vegetable Curry & Rice 	Jacket Potato & Beans 	Quorn Roast, Roast Potatoes, Green Beans & Gravy 	Vegetable Burgers & Chips 
<u>Packed Lunch Option 1</u>	Vegetable Sausage Baguette & Fruit 	Cheese & Onion Pasty & Fruit 	Egg & Tomato Baguette & Fruit 	Cheese Baguette & Fruit 	Cheese Quiche & Vegetable sticks 
<u>Packed Lunch Option 2</u>	Ham & Cucumber Baguette	Chicken Mayonnaise Bap	Southern Fried Chicken Wrap & Fruit	Tuna Mayonnaise & Cucumber Baguette & Fruit	Beef Bap & Fruit
<u>Pudding</u>	Sweet Treat 	Sweet Treat 	Sweet Treat 	Sweet Treat 	Sweet Treat 

W/C 3rd May & 24th May

Week 3 & 6	Monday 	Tuesday	Wednesday	Thursday	Friday
<u>Meat</u>	Tuna Pasta in a Tomato sauce & Garlic Bread	Sweet & Sour Chicken & Rice	Salmon Fish Cakes, New potatoes & peas	Sausage, Mash & Beans	Burgers & Chips
<u>Vegetarian</u> 	Jacket Potato with Cheese & Beans 	Cheese & Tomato Pizza & Wedges 	Macaroni Cheese & Sweetcorn 	Vegetable Sausages, Mash & Beans 	Cheese & Tomato Pasta & Garlic Bread 
<u>Packed Lunch Option 1</u>	Egg Mayonnaise Baguette & Fruit 	Sausage Roll & Fruit	Vegetable Sausage Bap & Fruit 	Cheese & Cucumber Baguette & Fruit 	Vegan Sausage Roll & Vegetable Sticks 
<u>Packed Lunch Option 2</u>	Ham & Cheese Baguette & Fruit	Vegan Goujon Wrap & Fruit	Southern Fried Chicken Wrap & Fruit	Beef & Tomato Baguette & Fruit	Chicken Baguette & Fruit
<u>Pudding</u>	Sweet Treat 	Sweet Treat 	Sweet Treat 	Sweet Treat 	Sweet Treat 



Ludlow Junior School Menu Summer 1 2021

We refer to the guidance in the School Food Standards to develop our menu.

Milk, fresh fruit, vegetarian friendly yoghurts and sliced 50/50 bread is available daily as a choice.

Grated cheese is readily available and

A limited selection of salad will be available daily at the servery.

Our Catering Team can be contacted via the main school reception and can help you with;

- Information on Allergens.
- Identifying a menu suitable for your child if they have a dietary requirement
- A menu for a dairy/gluten free diet

Our CFK menu will provide your child with a healthy and nutritious diet that also engages and interests them

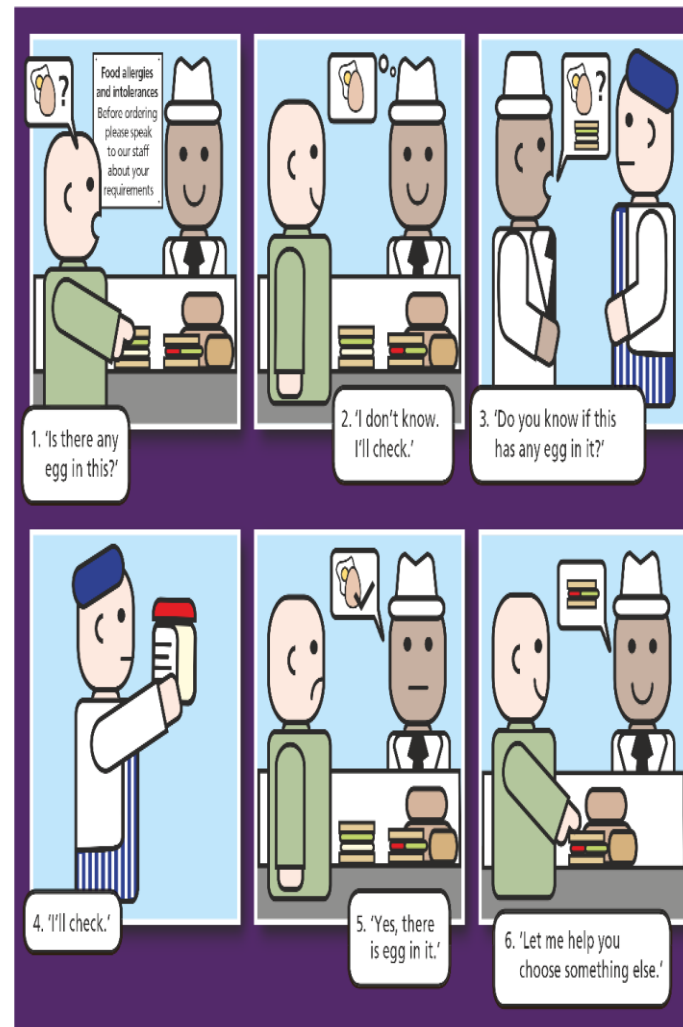


Please note the menu may be subject to change to meet the local needs.

All dishes can be amended to cater for Gluten Free.

Think Allergy

When someone asks you if a food contains a particular ingredient – always check. From 13 December 2014, food businesses will need to provide information about allergenic ingredients in the food they serve.



Which ingredients can cause a problem?



Cereals containing gluten

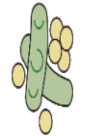
Peanuts



Nuts



Milk



Soya



Mustard



Lupin



Eggs



Fish



Crustaceans



Molluscs



Sesame seeds



Celery



Sulphur dioxide

For more information and advice about allergy, visit: food.gov.uk/allergy

A booklet Allergen information for loose foods is also available to download.