

Menu Autumn 1 Term 2020 – Mon 12th Oct to Fri 23rd Oct 2020

FSM CHILDREN ONLY WEEK 1 Week Commencing 12th October 2020					
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Ham Baguette & Crisps	Southern Fried Chicken Wrap & Crisps	Tuna Mayonnaise Baguette & Crisps	B.L.T Bap & Crisps	Chicken Mayonnaise Sandwich & Crisps
Options 2 ✓	Egg Mayonnaise Baguette & Crisps ✓	Cheese Sandwich & Crisps ✓	Cheese & Tomato Pizza & Crisps ✓	Cheese & Cucumber Baguette & Crisps ✓	Vegetable Fingers & Chips ✓
Option 3	Cheese & Onion Pasty & Crisps	Sausage Roll & Crisps	Pepperoni Pizza & Crisps	Pasta Bolognese	Battered Cod & Chips
Dessert	Sweet Treat & Fruit ✓	Sweet Treat & Fruit ✓	Sweet Treat & Fruit ✓	Sweet Treat & Fruit ✓	Sweet Treat & Fruit ✓
FSM CHILDREN ONLY WEEK 2 Week Commencing 19th October 2020					
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Hot Dog & Crisps	Ham & Cheese Baguette & Crisps	Chicken Mayonnaise Wrap & Crisps	Fish Finger Bap & Crisps	Turkey Baguette & Crisps
Option 2	Egg Mayonnaise Baguette & Crisps ✓	Cheese Sandwich & Crisps ✓	Macaroni Cheese ✓	Vegetable Sausage & Egg Bap & Crisps ✓	Vegetable Cheeseburger & Chips ✓
Option 3	Cheese & Onion Pasty & Crisps ✓	Tuna Mayonnaise Jacket Potato	Pepperoni Pizza & Herb Potatoes ✓	Jacket Potato Beans & Cheese ✓	Cheeseburger & Chips ✓
Dessert	Sweet Treat & Fruit ✓	Sweet Treat & Fruit ✓	Sweet Treat & Fruit ✓	Sweet Treat & Fruit ✓	Sweet Treat & Fruit ✓

Key: * = Gluten Free ✓ = Vegetarian Friendly

If you would like to discuss your child's dietary needs please contact the school office on 023 8044 7885 and a member of the catering team will call you back.



Think Allergy

When someone asks you if a food contains a particular ingredient – always check. From 13 December 2014, food businesses will need to provide information about allergenic ingredients in the food they serve.



For more information and advice about allergy, visit: food.gov.uk/allergy
A booklet **Allergen information for loose foods** is also available to download.

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We refer to the guidance in the School Food Standards to develop our menu.

Milk, fresh fruit and 50/50 bread is available daily as a choice.

Vegetarian friendly yogurts are available as an alternative choice, by request.

Grated cheese is available on request

A selection of salad will be available daily at the servery.

Our Catering Team can be contacted via the main school reception and can help you with;

- Information on Allergens.

- Identifying a menu suitable for your child if they have a dietary requirement

- A colour coded menu for a dairy/gluten free diet

Our CFK menu will provide your child with a healthy and nutritious diet that also engages and interests them

Please note the menu may be subject to change to meet the local needs.

All dishes can be amended to cater for Gluten Free.