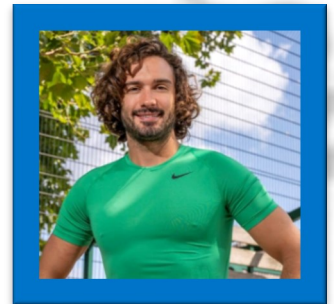


P.E Links — Stay Active!

P.E with Joe Wicks on YouTube

Week days at 9am but you can visit anytime on YouTube to view the workout. Can you feel the burn?

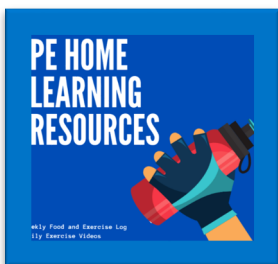
www.youtube.com and search for; P.E with Joe Wicks



P.E Home Resources—Healthy Futures

P.E home physical activity resources for the whole family to enjoy. Keep fit and healthy!

Register at; www.eepurl.com/gVYzoD

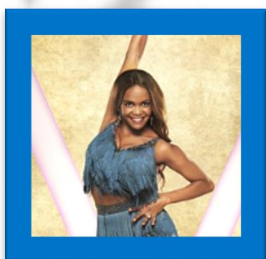


P.E Youth Sports Trust

P.E home resources, Active Breaks & Challenges to choose from.

Let the competition begin!

www.youthsporttrust.org/free-home-learning-resources-0



Dance with Oti Mabuse on Facebook

Everyday at 11.30am but children can view the class at any time.

Cha cha cha!

www.facebook.com and search for; Oti Mabuse

Outdoor Activities with Scouts & Bear Grylls

Lots of different activities which can be done inside or outside.

I promise to do my best!

www.scouts.org.uk/activities

