

Family Lockdown Artwork

Create a memento of your time in lockdown with your family. See below for some ideas. This could be using paper, salt dough or even stones and twigs!



How to make a Salt Dough Handprint

INGREDIENTS

500g of plain flour
250g salt
250mls of water
(add slightly more water if necessary)

Bake in oven on lowest heat for 3 hours or until rock hard.

INSTRUCTIONS

Mix the flour and salt then add the water. Mix into a dough. Roll out onto flat surface into desired shape about 1-1.5cm thick (remember to sprinkle some flour down to prevent sticking). Place on a baking tray. Make hand imprints (as deep/clear as possible). Place in the oven on the -lowest heat possible- and leave for 3-4 hours or until completely solid top and bottom. (Check the bottom is rock solid before you take it out and make sure you have it on the oven's lowest heat or it will burn instead. Alternatively you can leave to air dry for a couple of days in a cool dry place).

Paint with your choice of paints/colours. Seal with any kind of varnish or sealer to preserve it for example, varnish, or a PVA and water mix. if you don't have paints then make it and paint it at a later date!

