The Ludlow Link 5



Hello Ludlow,

We hope you have had a good week at home with your families. We have had so many incredible pieces of work and wonderful photos celebrating the creative things you have been up to at home sent in this week. Well done to all the children who received Head teacher's Awards. They received their award in an email from Mr Watkins and their work is now on the website. Keep smiling everyone!

The Ludlow Team 😊

Let's Get Active Ludlow



It is so important that we stay active during lockdown to keep our minds and bodies healthy. The teachers decided to make a funny video to encourage you to get active as well as hopefully making you giggle too! Some of the teachers thought of very creative ways of keeping fit. If you haven't seen it yet, then have a look on the school facebook page.

We have also updated the mini movement breaks, Hampshire School Games Challenges, PE links and Ludlow Fitness Stars pages of the website in the Staying Active section to give you lots more ideas of fun ways to keep active at home!



There will be no new home learning on the website for the week commencing 25th May. This is because it is half term week and we know you all need a rest!

Make sure you check out the 'Half Term' page under the 'Fun Stuff' section of the website for more ideas of fun things you can do at home over the half term week.

Ludlow Fitness Stars



Well done to our Ludlow Fitness Stars from the last few weeks: Ford, Taylor, Harley and Zach. They have kept fit by horse-riding, cycling and playing hockey.



Have you been keeping fit during Lockdown? Send in your photos to: <u>challenge@ludlowjunior.org.uk</u> and you could also star on our Ludlow Fitness Stars section of the website!

Mrs Street's Brain Busters



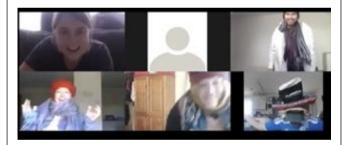
Well done to Arturo for being the first person to email me back with the correct answer of 70 for last week's brain buster.

This week's brain buster:

Mr Dodgers and his children are raking leaves. They have 3 piles of leaves in the back garden and 7 piles of leaves in the front garden. If Mr Dodgers and the children put all the piles of leaves together, how many piles of leaves will they have?

If you think you can crack this week's, please email your answer to: <u>Maria.street@ludlowjunior.org.uk</u>

Getting Dressed Challenge



On Monday, 4 teachers had great fun trying to put on as many layers of clothing as they could in 60 seconds. Miss Hartnell-Parker started the timer and Miss Wyatt, Miss Luxton, Mr Coker and Mr Holland guickly threw on lots of clothes. It was really tricky to see who was in the lead. Mr Coker had a large stack of hats on his head which tumbled at the last minute whilst Mr Holland was really prepared with pre-knotted ties. In order to find out the winner, one at a time, they took off and counted their items of clothing and Mr Holland was crowned the winner with a staggering 17 items. Congratulations Mr Holland!





Pupil Fitness Video 🧳

The teachers created their 'Let's get active Ludlow' video to inspire you to keep moving during lockdown. Now we want to celebrate all of you who are!



Would you like to star in a pupil keeping active video? Send in a 10-15 second clip of you keeping active in the most creative/funny way you can think of and you could make it into the pupil keeping active video!

Send them to: challenge@ludlowjunior.org.uk



What have the teachers been up to?

Mrs O'Donnell

Hello,



I hope everyone is keeping safe and enjoying the lovely weather we have had. I have loved receiving emails from my class and loved seeing the videos and pictures of work-keep it up!

I have been keeping myself very busy! I have been planning the year 4 Maths lessons and going into school to teach- keep an eye out for our new active video that teachers have made and see if you can spot me! Apart from work, I have been home schooling my two children (age 5 and 8) - have a look at my daughter's World war project and my 5-year olds under the sea puffer fish and diorama. I have also enjoyed my daily walks with my dog. Mosie. Keep smiling everyone! Mrs O'Donnell (3)





Miss Woodgate



I hope you are all enjoying staying at home and are staying safe in these tricky times; I'm really missing all the staff and children at Ludlow as well as my friends and family! Alongside teaching in school, I have kept very busy at home planning lessons for the website and staying very active - living with a personal trainer means I can't get away without lifting a few weights here and there and being dragged out on runs!! As well as the garden workouts, my partner Tom and I have been on lots of lovely walks in the areas



surrounding our village and even managed to complete the 100 volley challenge - not sure our neighbours like us much anymore after the number of tennis balls that have gone soaring over their fence! Whoops! We've also got creative keeping in virtual contact with friends and family and even managed a game of monopoly via zoom the other day! Stay safe, keep smiling and I hope to see you all again soon! Miss Woodgate ©







Ludlow Lockdown Book

Mrs Street has been working hard putting together the first entries for the Ludlow Lockdown book. This will be such a wonderful memory for the school of this very unusual time and help future pupils understand just what life was like in Lockdown. If you would like to feature in this book, there is still time. Please send in a paragraph about what Lockdown is like for you and one photo that sums up your experience of Lockdown to: Maria.street@ludlow.junior.org.uk

<u>Hamish</u>



Hello friends!

How are you all? Have you been enjoying the nice weather. I have been enjoying my walks every day! Miss Garner and I really enjoyed making our active clips for the video online! Did you spot the teachers exercising in lots of different ways? How have you been active since you have been at home?

This week's teacher challenge was to put on as many clothes as possible! It was so funny to watch them all trying to put on extra layers to win the challenge. Take a look on the Facebook page if you haven't seen it already!

Have you been enjoying my daily updates?! Don't forget to look on the school website to find out what I have been up to. I am working on something a little bit different to show you all what life is like for me during this time. Stay tuned and all will be revealed next week!

Take care of yourselves friends and I will see you soon! I'm proud of you all! Love Hamish \heartsuit

Toilet Roll Throwing Challenge



On Thursday, the teachers who were working in school took part in a toilet roll throwing competition. Sounds easy, right? Well, they had to spin for 30 seconds before aiming their toilet roll at their bucket. The teacher's got very dizzy and the only one who managed to get their toilet roll in a bucket was Mrs Lucas. Well done Mrs Lucas!

<u>This Week's</u> <u>Challenge a Teacher</u>



On Wednesday, the teachers will take on Ethan and Freyja's challenge to see how many Jaffa Cakes they can balance on their chin! Which teacher do you think will be our Jaffa Cake champ?